# The Role of Clinical Nurse Educators on the Off Shifts



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## Background

One of the most common dissatisfiers for off shift nurses is the lack of leadership support and clinical resources. Given that most newly hired nurses are hired to off shift positions, a need was identified for senior nurse support directly at the bedside. The Division of Surgery and Cardiovascular Medicine at Brigham and Women's Hospital implemented the use of Clinical Nurse Educators during these off shifts in September 2020 to the present. This role did not exist prior to September of 2020. A literature review demonstrated that educators are often used for formal classes on the off shift rather than performing nightly rounds on each unit and offering "in the moment" support to all nursing staff. This role was quite unique.

#### Purpose

To evaluate the contributions of Clinical Nurse Educators during off shifts (3p-11p and 11p-7a).

#### Method

Using mean data from the Red Cap report of Nurse Educators, Likert Scale, and qualitative responses of nurses in a survey.

#### Findings/Outcomes

Based on the redcap report from Off Shift Intermediate Educators from February 2021 to September 2021, the following topics were mostly assisted by the nurse educators.

- 1. Diagnosis/Treatment
- 2. Documentation
- 3. Cardiac Monitoring
- 4. Behavioral management
- 5. Medication
- 6. Equipment
- 7. Lines/Tube/Drains
- 8. Peritoneal Dialysis

As a preliminary study, 50 random evening/night nurses were surveyed. 98% of them considers the nurse educator as a resource during the offshifts. 94% verified the visibility of the educators on the unit (including rounding). Also based on the nurses' responses, the following chart describes the areas where nurses needed helped and were assisted accordingly.

When asked to describe the nurse educators on the off shifts, the following words were generated:

**Areas Where the Educators Assisted** 

the Nurses

**OTHER** 

NEW POLICY/MATERIAL UPDATE

CONSULTATION/DISCUSSION OF

PATIENT CARE

FINDING POLICIES/ DRUG

BEDSIDE SUPPORT FOR

SKILLS/PROCEDURES



## Conclusions

The role of the off-shift educators were positively welcomed by the nurses. Their support to the nurses in different areas were validated by both the survey and the red cap results. A longitudinal study will be beneficial to evaluate future evolvement of the nurse educator role in the evening and night shifts.

### **Implications**

The study shows the contributions of the off-shift educators. By providing educational support directly at the bedside, the knowledge, skills, and confidence of the nurse is enhanced. Hence, improvement in patient care is expected.

#### References

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